#### CITY OF BOSTON AGE STRONG' SENIOR CIVIC ACADEMY

#### FREQUENTLY ASKED QUESTIONS

Additional Questions? Contact the City of Boston's Age Strong at 617-635-4366 or Hayfaa.ali@Boston.gov

#### What is Boston's Senior Civic Academy?

This 6-day program is for older adults aged 55 and older to learn about city, state and federal government, empowering them to become effective advocates for causes close to their hearts. This transformative program brings together a cohort of 25 older adults to learn about the importance of advocacy, how city, state, and federal government work, and how to advocate for themselves. Participants will have the opportunity to connect with advocacy organizations where they can put their new skills and knowledge into practice! Senior Civic Academy graduates will also have ongoing education and skill building opportunities through Age Strong's new continual civic engagement events.

### Who qualifies for this program?

Boston residents over the age of 55, who are interested in aging issues, able to attend all 6 sessions, and complete the program application are eligible. Space is limited, so we will be evaluating applications and looking for a diverse group.

#### What can I look forward to gaining from this program?

You will hear from experts in the aging field, meet elected officials, get tours of state and city buildings, and make new friends from across the city!

#### Do I have to attend all days of the course to participate?

Yes, we ask that all attendees participate in the full program because there are exciting new topics presented each day.

#### What is the time commitment for this program?

We expect participants to attend all 6 days. Our sessions will be held from 10 AM - 4 PM on the following days:

Tuesday, September 30, 2025: Introduction to Civic Engagement / Advocacy

Tuesday, October 7, 2025: Skill Building and Introduction to City Government

Thursday, October 16, 2025: Engaging with City Government

Thursday, October 23, 2025: Engaging with State Government

Thursday, October 30, 2025: Engaging with Federal Government

Thursday, November 6, 2025: Graduation

Please note all sessions will be held on Thursdays except for the first two weeks of the program when the sessions will be held on Tuesdays.

## Where is this program located?

Each day, the program will take place at a different office downtown near City Hall. We recommend taking public transit.

## Will transportation be provided?

Shuttle service will be provided from select locations. Please indicate your need for transportation in the application form and we can coordinate accordingly.

# Will lunch be provided?

Yes, participants will enjoy lunch for each of the sessions.